



NEWSLETTER

Summer 2019 | Issue 2 | by: J. Planas

About CT-NAHN

The Connecticut chapter of the National Association of Hispanic Nurses™ was established in 2010 and is composed of nurses and other healthcare professionals. Our mission is to promote Hispanic Nurses to improve the health of our communities and to advocate for access to culturally competent quality healthcare for all Hispanics. Additionally, we aim to encourage Hispanics to choose nursing as a career and for Hispanic nurses to further their education, take on leadership and educational roles in the nursing profession. We are a growing chapter of dedicated persons who strive to improve the health of our Hispanic communities.

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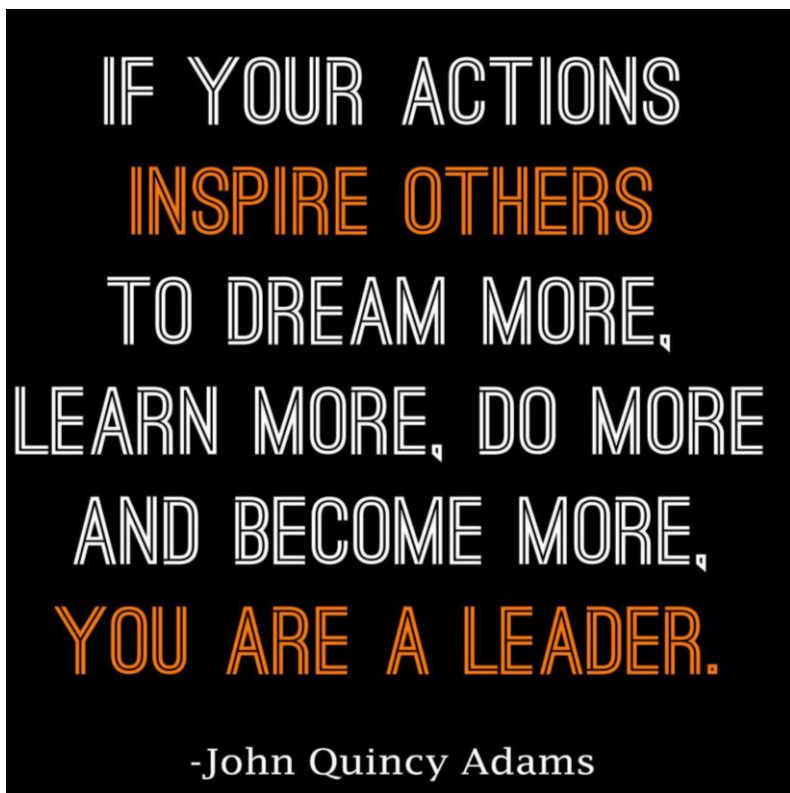
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Say Congrats!

CT-NAHN chapter members have been very busy this past year and would like to share a few member accomplishments. *Join us in congratulating them all!!!*

- Dr. Maria D Krol (Southern Connecticut State University) received the Nightingale Award for Excellence in Nursing (May 2019)
- Dr. Jessica Alicea-Planas (Fairfield University) received the Faculty Award for Excellence in Community Engagement (April 2019)
- MaryAnn Brescia presented a poster titled “*Factors Affecting Access to Health Care for Persons Transitioning from Prison into the Community: An Integrative Review*” and won 3rd place in the PhD student category at ENRS (April 2019)
- CT-NAHN/SCSU student nurses Danielle, Ioanna, and Chelsea presented “*Staying Healthy Through Hand-Washing: 1st graders*” at the CT Association of Public Health Nurses Conference (April 2019)
- UConn student nurse Cierra presented “*Nutritional Education Community Outreach*” at the CT Association of Public Health Nurses Conference (April 2019)



Join Us...

NAHN National Conference

Join you fellow members from across the U.S. in Reno, Nevada July 16th-July 19th. This year NAHN addresses timely conversations around “*A climate of change: Nurses taking action to achieve health equity*”

Men’s Health DAY 2019

Blood Pressure Screening @ Barber Shops 6/15/2019, 10-1pm @ various New Haven locations. *Let’s help our dads get screened!*

Contact
for more info

SAVE THE DATES!

Scholarship Fundraiser Tequila Tasting Event– 10/11/19, 7-11pm @ Testo’s, Bridgeport. **We need members to sell tickets and are also looking for donations that can be raffled!**

Contact Wendy (wendy.m.awa@gmail.com) for more info or tickets.

New England Minority Nurse Leadership Conference

Theme: Mentoring, Leadership & Advocacy
11/2/19, 8-3:30pm, Tower Square Hotel, Springfield. **The chapter will reimburse 75% of your ticket after attendance! Great opportunity to network and learn!**

More info will follow.

Community Efforts!

Once again CT-NAHN has been working hard with our communities to help them to lead healthier lifestyles.

Pneumovax Campaign (September-November) educating Latinos greater than 65 y/o on the importance of getting vaccinated.

Goodwin College (April) presenting to graduating students about the importance of making professional connections.

Muevete program was delivered in three different communities to facilitate healthier habits amongst our youth!

1. Burr School in Hartford (October-November) working with girl scout troop.
2. Global Communications Academy in Hartford (April) working with 2nd grade
3. Spanish Community of Wallingford (May) working with young mothers.

Dinner Series Speaker- Janet Spinner CNM, MSN, AAHIV delivered an educational talk on “Neonatal Abstinence Syndrome: Opiate Dependence in Childbirth” (April)

Other community outreach efforts

West Haven elementary school (April) working with school aged children on the importance of hand-washing.

Senior Housing Center blood pressure and blood sugar screenings and education (April)

GRADUATION SUCCESS

The following students completed their BS in nursing May 2019:

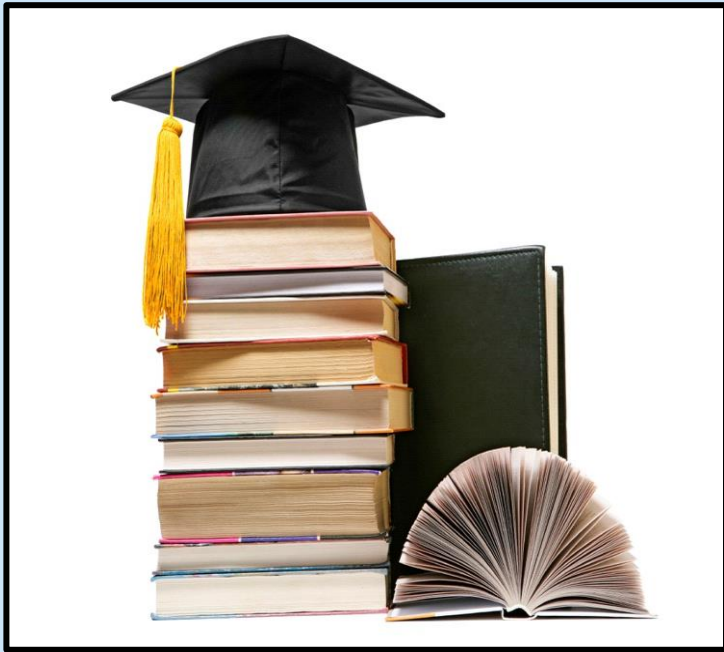
Zaid Aparicio – Fairfield University
Ioanna Lemonas- Southern CT State University
Danielle White- Southern CT State University
Chelsea Armstrong- Southern CT State University

Congrats to our Scholarship recipients as well! We look forward to their continued involvement in our chapter.

Naomi Scatliffe, Ioanna Lemona, Cierra Brescia, & MaryAnn Perez-Brescia

Representing for CT-NAHN!

In January, NAHN held its annual Latino Leadership Institute in San Juan, Puerto Rico. Our chapter had five members attend! Thank you to David Vilanova, Thalia Soriano, Sandy Martinez, Kelia Garrido and Kim Giwa for representing us so well! We are positive the conference cultivated some leadership ideas that will be utilized with our members and in various communities.



Scholarship & Continuing Education

As a chapter we strive to provide scholarship monies to support the educational journey of Hispanic nursing students. Award amounts for new members (\$500) and active members (\$1000) are dispersed yearly. We also support the professional development of our members by providing continuing education funds (up to \$250) for conferences or classes. Applications can be found online on our website <https://ctchapternahn.nursingnetwork.com/> Or contact the scholarship chair Dr. Planas jplanas@fairfield.edu

The BAMA-Latino Project will support Latino nurses by providing scholarships for pre-entry preparation and the RN-BSN bridge program. The program also provides both academic and professional mentorship and support through a collaborative partnership with the National Association of Hispanic Nurses (NAHN). For more information, contact faculty member and program director Dr. Norma Cuellar at ncuellar@ua.edu

Upcoming Meeting Dates

We alternate meeting sites between Southern Connecticut State University and Fairfield University. Meeting place will be announced as we get closer to the dates.

- September 17th, 2019 @ 6pm
- October 15th, 2019 @ 6pm
- November 19th, 2019, 6-8pm (Dinner Series Speaker-TBA)
- December 10th, 2019 (Toy drive- more info to follow)

Connect with us on social media!

Twitter- @CTNAHN

Facebook- CT Nahn

Instagram- ct.nahn

Website: <https://www.ct-nahn.org/>



Get involved in our Policy & Advocacy committee!



Have an idea for a monthly meeting topic or know a great speaker- Let us know!



Join in on our fundraising efforts. We are looking for ideas and member participation!



Come to our monthly meetings! The more- the better we can be. We need you!!!!